



CYNTHIA SHINABERRY, LCSW

1600 W. Eau Gallie Blvd, Suite 201-L Melbourne, FL 32936

Welcome

Congratulations on taking this step towards better mental health. Thank you for choosing me as your mental health provider. I understand that starting treatment and choosing a provider can be a difficult choice leading many people to be hesitant to seek therapy. I applaud your choice to pursue path of wellness that includes focusing on healing the emotions as well as the body.

I am a licensed clinical social worker who is committed to working with you to create a customized treatment plan to address your needs. I hope to offer you a safe environment where you can feel accepted, cared for, and comfortable expressing yourself. You can expect to be treated with respect and dignity while I strive to provide you with the highest quality care and I encourage you to ask any questions or seek clarification about your treatment as they arise.

Please review the attached information and return the completed forms to me on your first appointment. If you have any questions completing these forms, please leave the area blank and bring the form with you for your appointment. I appreciate your patience as your initial appointment may take between an hour to an hour and half. I appreciate your patience as we work forward.

Remember, the most important factor in achieving success with your mental health is persisting until you reach your goals. Once again thank you for allowing me to be part of your recovery.

Sincerely,

Cynthia Shinaberry, LCSW

P (410) 961-5917 F (321) 241-4687
